



# โรงเรียนอาทิตย์นวดแผนไทย

## SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

ADVANCED THAI MASSAGE CLASSES AT SUNSHINE MASSAGE SCHOOL

## THERAPEUTIC THAI MASSAGE WITH YAN



Understanding the benefits and theories of the Sen lines.

- How to locate the Sen lines.
- The difference between Sen lines and nerves.
- Learn intensive bodywork for healing.
- Acupressure points according to Royal Thai Massage.
- Release of tension and pain and use of compression.
- Learn how to assess each body's issues.
- Study common body issues or problems.
- Recommended movements and contraindications for different kinds of pain in the body: treatments for feet, knees, legs, back, shoulders, arms.
- Helping to release pain caused by nerves pinched or compressed at joints or by muscles.

*Prerequisite: Recommendation from one of our teachers.  
10 days / 60 CE Hours – Baht 17'000.-*

**23 July to 3 August 2018**  
**10 to 21 September 2018**  
**4 to 15 March 2019**



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