

Advanced Thai Massage classes at Sunshine Massage School

## ADVANCED: SIDE POSITION (PREGNANCY + BACK PAIN)

As you develop in Thai massage, you come to realize that the majority of your clients will come for relief of back pain or emotional issues. Working from the side position allows the client to turn inwards toward themself, allowing the masseuse to gently facilitate the removal of emotional and physical blocks, so that self-healing can begin. With pregnancy and back problems, it is often too painful to lie in the supine or prone position but from the side full energy balance can occur.

- Thai Yoga massage for pregnant women.
- How to relieve back pain, both chronic and acute.
- Assisting people in an emotional state and those who have difficulty connecting with themselves.
- Whole body Thai Yoga Massage in the Side Position.

Everyone with a background in Thai massage is welcome. 5 days / 30 CE Hours – Baht 8'500.-

## **2018** 12 to 16 February 2018 19 to 23 March 2018 28 May to 1 June 2018 2 to 6 July 2018 13 to 17 August 2018 1 to 5 October 2018 29 October to 2 November 2018 10 to 14 December 2018

2019 11 to 15 February 2019 18 to 22 March 2019 3 to 7 June 2019 1 to 5 July 2019 12 to 16 August 2019 30 Sept. to 4 Oct. 2019 28 Oct. to 1 Nov. 2019 9 to 13 December 2019











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