



โรงเรียนอาทิศจังหวัดเชียงใหม่ SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Advanced classes at Sunshine Massage School

APPLICATION OF THERAPY IN THAI MASSAGE WITH ITZHAK



This course focuses on understanding how energy flows through the body or bodies. We will discuss the concept of the yogic “5 bodies” or “Pancha Kosha” to understand energy flow and prepare for the correct application of massage techniques. Through observation of the body’s subtle changes, we can see where there are blockages and where energy flows freely.

We will learn how to make a diagnosis based on these concepts, which energy lines we should then work on, and so determine how to apply the massage correctly.

Through demonstration and practice we will learn techniques and sequences specifically for the relief of pain in the knees, back, shoulders and neck.

Everyone with a background in Thai massage is welcome.

5 days / 30 CE Hours

Price Baht 12,500.–

2 to 6 April 2018



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